Traditionally, coaching psychologists have worked with people who aren’t experiencing significant mental distress or have diagnosed mental illness. This book describes an innovative and challenging project of bringing coaching psychology to the lived experience of individuals with a diagnosed mental illness, Borderline Personality Disorder (BPD). The authors present a case for why coaching psychology needs to be constructed to broaden its base and be more inclusive of and service to people experiencing BPD in particular. The book describes a coaching interaction involving coaching psychologists and a number of individuals with BPD who had completed a behaviours skill programmes (Dialectical Behaviour Therapy; DBT). It explores the epistemological and practice tensions involving the dominance of clinical recovery (elimination of symptoms) in mental health services and personal or psychological recovery (originating in the narratives of people with a diagnosis of mental illness who yearn to live a life worth living). This book, written amidst the Covid-19 pandemic, makes a compelling case for coaching psychologists to engage with the philosophy and practice implications of personal recovery, at both professional and personal levels. It will be vital reading for those engaged in coaching psychology and for the education, training and continuous professional development of coaches and coaching psychologists.

Resource added for the Psychology (includes Sociology) 108091 courses. Contributors from the Masterson Institute introduce the fundamental concepts, theories, and treatment approaches of James F. Masterson, synthesizing the material of his 14 books and many articles. The second part is a workbook in the form of a questionnaire to enable practitioners to apply the skill. An accurate description of the problems associated with personality disorders can lead to psychotherapists providing better treatment for their patients, alleviating some of the difficulties associated with handling such disorders. The authors draw on existing therapeutic approaches and concepts to offer a treatment model for dealing with personality disorders. Psychotherapy of Personality Disorders clearly discusses the models for different types of personality disorder, along with general treatment principles, focusing on: principles for identifying and classifying types of disorder theoretical analyses that are characteristic of each type practical therapeutic principals that are grounded in the basic theory. The language is clinician-friendly and the therapeutic model is illustrated with clinical cases and session transcripts making this title essential reading for psychotherapists, personality disorder researchers and cognitive scientists as well as professionals with an interest in personality disorders.

Now in its Third Edition, this book clarifies the distinctions between the vast array of personality disorders and helps clinicians make accurate diagnoses. It has been thoroughly updated to incorporate the changes in the forthcoming DSM-5. Using the classification scheme he pioneered, Dr. Millon guides clinicians through the intricate maze of personality disorders, with special attention to changes in their conceptualization over the last decade. Extensive new research is included, as well as the incorporation of over 50 new illustrated and therapeutically detailed cases. This is every mental health professional’s essential volume to fully understanding personality.

People with personality disorders are all around us, though many times we’re not aware of those who are overly paranoid, obsessive-compulsive, antisocial, or overly dependent until it’s too late. Indeed, many sufferers aren’t aware themselves of their disorders and often go undiagnosed and untreated, leading to problems in their personal and professional lives. Here, Dobbert offers an introduction to the most common personality disorders, and a guide for those who work, live, or come in contact with sufferers on a daily basis. This handy DSM-5® Classification provides a ready reference to the DSM-5 classification of disorders, as well as the DSM-5 listings of ICD-9-CM and ICD-10-CM codes for all DSM-5 diagnoses. To be used in tandem with DSM-5® or the Desk Reference to the Diagnostic Criteria From DSM-5®, the DSM-5® Classification makes accessing the proper diagnostic codes quick and convenient. With the advent of ICD-10-CM implementation in the United States on October 1, 2015, this resource provides quick access to the following: "The DSM-5® classification of disorders, presented in the same sequence as in DSM-5®, with both ICD-9-CM and ICD-10-CM codes. All subtypes and specifiers for each DSM-5® disorder are included." An alphabetical listing of all DSM-5 diagnoses with their associated ICD-9-CM and ICD-10-CM codes. * Separate numerical listings according to the ICD-9-CM codes and the ICD-10-CM codes for each DSM-5® diagnosis. * For all listings, any codable subtypes and specifiers are included with their corresponding ICD-9-CM or ICD-10-CM codes, if applicable. The easy-to-use format will prove indispensable to a diverse audience -- for example, clinicians in a variety of fields, including psychiatry, primary care medicine, and psychology; coders working in medical centers and clinics; insurance companies processing benefit claims; individuals conducting utilization or quality assurance reviews of specific cases; and community mental health organizations at the state or county level. Personality-disordered people are not uncommon in our neighborhoods, workplaces, schools, or even our homes. They include people who are persistently paranoid, obsessive-compulsive, antisocial, or overly dependent. Most of them do not realize the hardships they create for themselves and their families. This book is an introductory guide for those who live and work around personality-disordered people, and for general readers seeking illustrations of the disorders. Dobbert illustrates warning signs that can be missed and walks readers through scenarios that are common with personality-disordered people. He explains how such maladies might develop, and most important, how they can be successfully addressed.

This groundbreaking book offers a comprehensive examination of personality disorders, from conceptual and theoretical concerns to the practical problems faced by assessing clinicians. Case Formulation for Personality Disorders provides clinical guidance on how to build effective treatment plans for patients presenting with personality disorders. Anchored within a disorder-specific approach, the present volume reviews the evidence base of case formulation methodology. The book takes an integrative and differentiated approach to case formulation, with multiple methods of case formulation, all specifically adapted to the psychotherapy of personality disorders, illustrated with many case examples. Provides individualized assessment and measurement in practice Uses 18 case formulation methods for treating personality disorders Identifies evidence-based effective treatment Includes real life case examples Since the publication of the acclaimed second edition of Handbook of Diagnosis and Treatment of DSM-IV-TR Personality Disorders, much has changed in how the personality disorders are understood and treated. However, like its previous editions, this new edition is a hands-on manual of the most current and effective, evidence-based assessment and treatment interventions for these challenging disorders. The book has been updated throughout, and the focus remains on the use of the most recent research to guide cutting-edge treatment. The book is a comprehensive resource for the diagnosis, case conceptualization and treatment of these disorders. It includes a detailed discussion of the latest research on the most effective assessment and treatment interventions for each of the 10 DSM-5 personality disorders. Emphasized are the most recent developments from Cognitive Behavioral Therapies, Dialectical Behavior Therapy, Cognitive Behavioral Analysis System of Psychotherapy, Pattern-Focused Psychotherapy, Mindfulness, Schema Therapy, Transference Focused Psychotherapy, and Mentalization-Based Treatment. As in previous editions, extensive case material is used to illustrate key points of diagnosis and treatment.

Patients with personality disorders need targeted treatments which are able to deal with the specific aspects of the core pathology and to tackle the challenges they present to the treatment clinicians. Such patients, however, are often difficult to engage, are prone to ruptures in the therapeutic alliance, and have difficulty adhering to a manualized treatment. Giancarlo Dimaggio, Antonella Montano, Raffaele
Popolo and Giampaolo Salvatore aim to change this, and have developed a practical and systematic manual for the clinician, using Metacognitive Interpersonal Therapy (MIT), and including detailed procedures for dealing with a range of personality disorders. The book is divided into two parts, Pathology, and Treatment, and provides precise instructions on how to move from the basic steps of forming an alliance, drafting a therapy contract and promoting self-reflections, to the more advanced steps of promoting change and helping the patient move toward health and adaptation. With clinical examples, summaries of therapies, and excerpts of session transcripts, Metacognitive Interpersonal Therapy for Personality Disorders will be welcomed by psychotherapists, clinical psychologists and other mental health professionals involved in the treatment of personality disorders.

The most common personality disorder here and abroad, borderline personality disorder is often misdiagnosed or underdiagnosed. Left untreated, it causes marked distress and impairment in social, occupational, and role functioning, with high rates of self-destructive behavior (attempted and completed suicide). Its pervasive pattern of impulsivity and instability of interpersonal relationships, affects, and self-image begins in early adulthood and presents in a variety of contexts. Developed primarily by psychiatrists in active clinical practice, the revised edition of this popular work offers an updated synthesis of current scientific knowledge and rational clinical practice for patients with borderline personality disorder -- with the important caveat that clinicians should consider, but not limit themselves to, the treatments recommended here. The summary of treatment recommendations is keyed according to the level of confidence with which each recommendation is made and coded to show the nature of its supporting evidence. Highly informative and easy to use, this eminently practical volume is organized into three major parts: Part A contains treatment recommendations (Section I, treatment summaries; Section II, treatment plans; Section III, special clinical considerations; and Section IV, risk management issues during treatment), Part B presents the evidence underlying these treatment recommendations (Section V, an overview of DSM-IV-TR criteria, prevalence rates, and natural history and course; and Section VI, a review of existing treatment literature), and Part C summarizes those areas in which better research data are needed. Remarkably concise and comprehensive, this practice guideline continues to be an indispensable reference for every clinician who treats patients with this heterogeneous and complex disorder.

The interpersonal dimensions of each DSM-IV personality disorder are discussed in depth and in innovative procedures for assessment and diagnosis described. The DSM-5 Alternative Model for Personality Disorders reviews and advances this innovative and increasingly popular scheme for diagnosing and evaluating personality disorders. The authors identify the multiple clinical, theoretical, and research paradigms that co-exist in the Alternative Model for Personality Disorders (AMPD) and show how the model can aid the practicing mental health professional in evaluating and treating patients as well as its importance in stimulating research and theoretical understanding of this domain. This work explores and summarizes methods of personality assessment and psychodynamic evaluation, research findings, and clinical applications of the AMPD, highlighting its usefulness to clinical teaching and supervision, forensic application, and current research. It is a go-to reference for experienced professionals and researchers, those who wish to learn this new diagnostic system, and for clinicians in training.

The new edition of Personality Disorders continues to provide an in-depth guide to personality disorders, assessment, and treatment, across varied patient groups and settings. Grounded in scholarly review and illustrated with a diversity of case studies, this book covers familiar ground with comprehensive detail, including the description of personality disorders, diagnosis, epidemiology, aetiology, and treatment strategies. Furthermore, this new edition reflects changes in the new ICD-11 and DSM-5, assessment instruments, and state-of-the-art insights from theory-driven research. Part of the popular Clinical Psychology: A Modular Course series, Personality Disorders offers excellent coverage on all aspects of personality disorder and will be extremely informative for students and practitioners alike. The leading reference on personality disorders and their treatment, this authoritative work is now significantly revised with 80% new content reflecting important advances in the field. Preaminent experts provide in-depth coverage of conceptual and taxonomic issues, psychopathology, epidemiology and longitudinal course, etiology and development, and specific diagnoses. Diagnostic issues are explored and available assessment instruments discussed. All available evidence-based treatments are reviewed in consistently organized chapters that cover theoretical and empirical foundations as well as clinical strategies, facilitating comparison of the various approaches. New to This Edition *Incorporates more than 15 years of major research advances; includes 21 chapters on new topics. *Critically examines DSM-5 diagnostic criteria. *Chapters on additional treatments--mentalization-based treatment, schema-focused therapy, transference-based psychotherapy, and systems training for emotional predictability and problem solving. *Chapters on dimensional models, longitudinal studies, and personality pathology in children and adolescents. *Chapters on specific diagnoses: antisocial/psychopathic, borderine, and obsessive–compulsive personality disorder. **Integrative section introductions by the editors. See also Integrated Treatment for Personality Disorder, edited by W. John Livesley, Giancarlo Dimaggio, and John F. Clarkin, which weaves multiple well-established intervention strategies into a systematic modular approach.

Help families cope with the impact of personality dysfunction! Family Treatment of Personality Disorders: Advances in Clinical Practice examines the application of marital and family therapy approaches to the treatment of a wide range of personality disorders. Valuable on its own and doubly useful as a companion volume to Family Therapy and Mental Health: Innovations in Theory and Practice (Haworth), the book integrates traditional individual models with family systems models to provide a multidimensional approach to treating personality disorders. Each chapter is written by a family therapist with extensive experience treating personality disorders and includes a case example, an exploration of the impact of the disorder on family members, a look at cultural and gender issues, and an examination of how the model is integrated with traditional psychiatric services and the proper application of medication. Family Treatment of Personality Disorders is a single, accessible source for significant contributions to the emerging literature on family treatment approaches that, until now, have been scattered through journals representing a variety of disciplines. The book’s strong clinical focus provides a concise summary of relevant theory and interventions for effective treatment, including discussion of how to manage crises and acting out behavior. Edited by a practicing frontline clinician, the book provides an overview of the personality disorders field, examines the Structural Analysis of Social Behavior model and the Interpersonal Reconstructive Therapy approach, and presents detailed descriptions of key concepts and treatment approaches. Family Treatment of Personality Disorders focuses on specific DSM-IV personality disorders, including: borderline narcissistic histrionic obsessive-compulsive passive-aggressive avoidant dependent paranoid Family Treatment of Personality Disorders: Advances in Clinical Practice is an excellent resource for clinicians treating mental health problems and for academic work in family psychopathology and family therapy and mental health.

A supplementary text for undergraduate courses in personality and abnormal psychology, providing a systematic introduction to personality theory and personality disorders. Focus is on disorders new to DSM-III. Case studies, summary charts and review questions highlight important concepts.
In recent years, the assumption that there is a significant connection between normal psychological and biological differences and the development of psychological disorders has grown and research in this area has developed rapidly. This textbook, written by internationally known psychologists with expertise in both the areas of abnormal and differential psychology, aims to integrate evidence and insight from healthy personality and temperament on the one hand and psychological disorders on the other. This is achieved by viewing personality traits as predispositions to disorder, and by questioning how far the causes of various disorders can be seen as an extension or exaggeration of processes underlying normal personality or temperament. These main themes are discussed using a biological perspective, i.e., based on the theory that personality can be deconstructed into a number of basic dimensions (of biological origin) that also act as vulnerability factors for disorder. This is a second-level textbook for undergraduate students of psychology, but will also be recommended for health professionals and their trainees, psychiatrists, clinical psychologists and nurses.

Personality Disorders and Eating Disorders explores and defines the multifaceted relationship between these two fields in a cogent synthesis of prevalence, etiology, and treatment. The book brings together leading specialists in both fields, with a clinical focus on such topical issues as genetics, drug abuse, and childhood trauma—as they relate to each field and as they affect the relationship between the two disorders. Therapists who treat eating disorders will find the material on treatment approaches especially helpful in formulating interventions with particularly difficult patients. Therapists who work with patients with personality disorders will find that the interface between personality and eating disorders is relevant to various aspects of self-destructive behavior observed in these individuals. This unique book enhances the assessment and treatment of individuals suffering from personality disorders and eating disorders, and it augments the understanding of both populations, while establishing a foundation for discussing each as they interface with one another.

There are an increasing number of people being diagnosed with a personality disorder. This is partly because it no longer carries the stigma it used to. It is also a result of an increase in awareness; people are more prepared to visit the doctor and seek assistance. There are actually several distinct categories of personality disorders and, some of these disorders are barely noticeable in today's modern promiscuous society. What has become generally accepted behaviour can become a mask for those who are suffering and do not know how to deal with their disorder. This book looks at what a personality disorder is, the different types and how to diagnose them. It also focuses on two of the most misunderstood conditions; Histrionic and Borderline. These are two of the conditions that can be relatively easily hidden in modern society and people with these conditions often used to be viewed simply as troublemakers. This book will enlighten you as to what it is really like to have these conditions, how to recognize them and how to both treat them and live with them. Understanding the issues your loved one faces will allow you both to have the happily ever after ending that everyone wants and deserves!

Personality Disorders: Toward the DSM-V offers a scientifically balanced evaluation of competing theoretical perspectives and nosological systems for personality disorders. Editors William T. O'Donohue, Scott O. Lilienfeld, and Katherine A. Fowler have brought together recognized authorities in the field to offer a synthesis of competing perspectives that provide readers with the richest and most nuanced assessment possible for each disorder. The result is a comprehensive, current, and critical summary of research and practice guidelines related to the personality disorders.

In this authoritative edited volume, leading researchers and clinicians explore the premise that the Five-Factor Model (FFM) of personality is the most useful and comprehensive taxonomy for describing personality and for assessing and describing personality disorders. Although the FFM has already been productively applied to the study of normal personality, it is now proposed as an alternative, conceptually useful framework for understanding personality disorders. This book provides a comprehensive examination of both diagnostic and [psychotherapeutic and other] treatment issues of personality disorders, includes practical guidance for using standardized instruments to assess personality, and underscores the utility of the FFM's dimensional approach for understanding personality and personality disorders.

This book provides a framework for scholars and clinicians to develop a comprehensive and dynamic understanding of antisocial, narcissistic, and borderline personality disorders, by seeing personality as a dual, as opposed to a singular, construct. Converging the two separate research and clinical diagnostic systems into a wholistic model designed to reach reliable and valid diagnostic conclusions, the text examines adaptive and maladaptive personality development and expression, while addressing the interpersonal system that keeps the pathology from extinguishing. Each chapter will discuss core and surface content, origin and symptom manifestation, system and pathology perpetuation, and online behavior expression, concluding with practical guidance on treatment success and effective approaches. Seasoned and tyro researchers and clinicians will be challenged to explore the utility of the DSM-5 alternative model of personality disorders and apply it to further the understanding of these complex, and often destructive, disorders.

This text provides a summary of what is currently known about the diagnosis, assessment, construct validity, etiology, pathology, and treatment of personality disorders. It also provides extensive coverage of the many controversial changes for the DSM-5, including chapters by proponents and opponents to these changes.

The Dark Triad of Personality: Narcissism, Machiavellianism, and Psychopathy in Everyday Life summarizes the latest research on how these personality traits (psychopathy, narcissism, Machiavellianism) are defined and displayed, while also exploring the impact they have on individuals and society, the relationship between clinical conditions and personality traits, and their adaptivity. The book introduces the Dark Triad through the lens of existing clinical and personality literature, discussing shared and unique cognitive and empathetic profiles associated with each trait. Antisocial, antagonistic, and criminal behaviors associated with the Dark Triad are also covered, as is the way these individuals compete socially and in the workplace. Reviews the development, measurement and evolutionary origins of these traits Explores how these traits may be adaptive Assesses the relationship between clinical conditions and Dark Triad personality traits Includes sections on manipulation, competition and cooperation Borderline, Narcissistic, Antisocial-Psychopathic, Histrionic, Paranoid, Obsessive-Compulsive, Schizoid, Schizotypal, Masochistic, Sadistic, Depressive, Negativistic-Passive-
Disorders Of Personality Introducing A Dsm Icd

Aggressive, Dependent, and other Personality Disorders.

Do you know someone diagnosed with borderline personality disorder? Does a loved one need help to manage this condition? Dealing with a disorder, such as BPD or Border Personality Disorder, can be downright challenging, notably if one lacks the knowledge or knows so little about the condition to start with. The good thing is the BORDER PERSONALITY DISORDER is excellent self-help read in learning about and dealing with this condition. The 14-chapter book covers extensive topics on BPD one needs to know. Doing so enables one to be equipped with the right knowledge and understanding. This leads to one being better at dealing with and managing the condition. The book tackles critical topics, such as: What is BPD or borderline personality disorder What causes BPD BDP’s course in one’s life What are the common issues that people go through when suffering from a border personality disorder Knowing suicidal tendencies and intentional self-infliction Getting help and finding help for border personality disorder Understanding BBT or dialectical behavior therapy Available Medication treatments, including exercises, yoga, meditation, and more How to deal with suicidal thoughts How to cope with one’s emotions How to make sense of one’s relationship How to find professional help A great read such as this is one of the keys to help people with borderline personality disorder and the people around them to better cope and live everyday life. Having this condition is no joke, and it’s something that has to be dealt with right away. Grab a copy of the Borderline Personality Disorder today and learn the appropriate ways to approach it.

“Obsessive-compulsive personality disorder (OCPD) is characterized by a pervasive and maladaptive pattern of excessive perfectionism, preoccupation with orderliness and details, and need for control over one’s environment. It is the most common personality disorder and is associated with significant morbidity and increased health costs. Unfortunately, clinicians often do not diagnose OCPD or may incorrectly diagnose it as obsessive-compulsive disorder (OCD) or attention-deficit/hyperactivity disorder. Although progress has been made in understanding OCPD, many treatment providers do not know how best to address it clinically. This book examines treatment options along with developmental, psychological, and behavioral etiologies and the deeper neurobiological underpinnings of the disorder”--

In Borderline Personality and Mood Disorders: Comorbidity and Controversy, a panel of distinguished experts reviews the last two decades of progress in scientific inquiry about the relationship between mood and personality disorders and the influence of this empirical data on our ways of conceptualizing and treating them. This comprehensive title opens with an introduction defining general trends both influencing the expansion of the mood disorder spectrum and undermining clinical recognition and focus on personality disorders. The overlaps and differences between MDD and BPD in phenomenology and biological markers are then reviewed, followed by a review of the overlaps and distinctions between more atypical mood disorder variants. Further chapters review the current state of thinking on the distinctions between bipolar disorder and BPD, with attention to problems of misdiagnosis and use of clinical vignettes to illustrate important distinguishing features. Two models explaining the relationship between mood, temperament, and personality are offered, followed by a review of the literature on risk factors and early signs of BPD and mood disorders in childhood through young adulthood as well as a review of the longitudinal studies on BPD and mood disorders. The last segment of the book includes three chapters on treatment. The book closes with a conclusion with a synthesis of the current status of thinking on the relationship between mood and borderline personality disorder. An invaluable contribution to the literature, Borderline Personality and Mood Disorders: Comorbidity and Controversy insightfully addresses the mood and personality disorders realms of psychiatry and outlines that it has moved away from contentious debate and toward the possibility of synthesis, providing increasing clarity on the relationship between mood and personality to inform improvements in clinical management of the convergence of these psychiatric domains in common practice.

Featuring case vignettes from nearly 30 years of Dr. Yudofsky’s clinical practice and incorporating the knowledge of gifted clinicians, educators, and research scientists with whom he has collaborated throughout that time, Fatal Flaws: Navigating Destructive Relationships With People With Disorders of Personality and Character uniquely captures the rapidly increasing body of clinical and research information about people with severe and persistent personality and character disorders. Within these pages, the author brings to life the psychopathologies of personality and character disorders through vivid vignettes based on composites of his many patients and their most important relationships -- while meticulously changing the identifying facts and relevant details to protect confidentiality. Covering the clinical course, treatment, genetics, biology, psychology, and destructive consequences of hysterical (histrionic), narcissistic, antisocial, paranoid, obsessive-compulsive, addictive, borderline, and schizotypal personality disorders, Fatal Flaws stands out in the literature for these powerful reasons: It is written for an unusually broad audience, from mental health students and trainees of all disciplines, to highly experienced clinicians, to patients who suffer from or are in destructive relationships with people with personality disorders. It is a hybrid -- part psychiatric textbook for clinicians and part self-help manual for patients and clients with personality and character disorders. It is designed to supplement treatment by providing patients with practical, evidence-based information about personality disorders and character flaws. It is particularly valuable to patients who are in psychotherapy, in part, because they are entangled in destructive relationships with people with disorders of personality and/or character. It is written in the first person, with the author directly communicating with a patient who either has a personality or character disorder or is in an important relationship with a person who has such a disorder. It is useful for people who are uncertain whether they or their loved ones have personality or character disorders, and who want to know more about these conditions and their treatments before making a decision about securing the help of a mental health professional. Fatal Flaws: Navigating Destructive Relationships With People With Disorders of Personality and Character is a compelling volume that provides the essential information and a realistic sense of the clinical experience required to inform, orient, and support novice mental health professionals and
seasoned practitioners alike as they face the ongoing challenges of treating patients or clients with personality or character disorders. It should also prove to be an invaluable resource for those who wish practical and effective help in understanding and changing their destructive relationships with people who have severe and persistent disorders of personality and/or character.

Traditionally, personality and psychopathology have been distinct areas of inquiry. This important volume reviews influential research programs that increasingly bridge the gap between the two areas. Presented are compelling perspectives on whether certain personality traits or structures confer risks for mental illness, how temperament interacts with other influences on psychological adaptation, links between personality disorders and mood and anxiety disorders, implications for effective intervention, and more.

A revolutionary, personalized psychotherapy approach for the treatment of Axis II personality disorders, by renowned expert Dr. Theodore Millon Acknowledging the primacy of the whole person, Overcoming Resistant Personality Disorders: A Personalized Psychotherapy Approach takes into account all of the complexities of human nature–family influences, culture, neurobiological processes, unconscious memories, and so on–illustrating that no part of human nature should lie outside the scope of a clinician's regard. Part of a three-book series, this book provides you with a unique combination of conceptual background and step-by-step practical advice to guide your treatment of Axis II personality disorders. Detailed case studies are provided throughout the text to illustrate the strategies of personalized psychotherapy for: * The Needy/Dependent Prototype * The Sociable/Histrionic Prototype * The Confident/Narcissistic Prototype * The Nonconforming/Antisocial Prototype * TheAssertive/Sadistic Prototype * The Conscientious/Compulsive Prototype * The Skeptical/Negativistic Prototype Destined to become an essential reference for trainees and professionals, this book makes a revolutionary call to return therapy to the natural reality of each patient's life, seamlessly guiding you in understanding the personality and treatment of the whole, unique, yet complex person. 'CBT for Personality Disorders' offers a unique overview of the treatment strategies for working with personality disorders linking these with the theory of both cognitive and behavioural approaches.

Disorders of Personality Introducing a DSM / ICD Spectrum from Normal to Abnormal John Wiley & Sons

This book proposes an integrated model of treatment for Personality Disorders (PDs) that goes beyond outdated categorical diagnoses, aiming to treat the general factors underlying the pathology of personality. The authors emphasize the development of metacognitive functions and the integration of procedures and techniques of different psychotherapies. The book addresses the treatment of complex cases that present with multifaceted psychopathological features, outlining clinical interventions that focus on structures of personal meaning, metacognition and interpersonal processes. In addition, this book: Provides an overview of pre-treatment phase procedures such as assessment interviews Explains the Metacognitive Interpersonal Therapy (MIT) approach and summarizes MIT clinical guidelines Outlines pharmaceutical treatment for patients with PDs Includes checklists and other useful resources for therapists evaluating their adherence to the treatment method Complex Cases of Personality Disorders: Metacognitive and Interpersonal Therapy is both an insightful reexamining of the theoretical underpinnings of personality disorder treatment and a practical resource for clinicians.

A revolutionary, personalized psychotherapy approach for the treatment of Axis II personality disorders, by renowned expert Dr. Theodore Millon Acknowledging the primacy of the whole person, Moderating Severe Personality Disorders: A Personalized Psychotherapy Approach takes into account all of the complexities of human nature - family influences, culture, neurobiological processes, unconscious memories, and so on–illustrating that no part of human nature should lie outside the scope of a clinician's regard. Part of a three book series, this book provides you with a unique combination of conceptual background and step-by-step practical advice to guide your treatment of Axis II personality disorders. Detailed case studies are provided throughout the text to illustrate the strategies of personalized psychotherapy for: Retiring/Schizoid Personality Patterns Shy/Avoidant Personality Patterns Pessimistic/Depressive Personality Patterns Aggrieved/Masochistic Personality Patterns Eccentric/Schizotypal Personality Patterns Capricious/Borderline Personality Patterns Destined to become an essential reference for trainees and professionals, this book makes a revolutionary call to return therapy to the natural reality of each patient's life, seamlessly guiding you in understanding the personality and treatment of the whole, unique, yet complex person.

Offering a sophisticated introduction to a contemporary psychodynamic model of the mind and treatment, this book provides an approach to understanding and treating higher level personality pathology. It describes a specific form of treatment called "dynamic psychotherapy for higher level personality pathology" (DPHP), which was designed specifically to treat the rigidity that characterizes that condition. Based on psychodynamic object relations theory, DPHP is an outgrowth of transference-focused psychotherapy (TFP) and is part of an integrated approach to psychodynamic treatment of personality pathology across the spectrum of severity -- from higher level personality pathology, described in this volume, to severe personality pathology, described in a companion volume, Psychotherapy for Borderline Personality: Focusing on Object Relations. Together, they provide a comprehensive description of an object relations theory-based approach to treatment of personality disorders, embedded in an integrated model of personality. As a guide to treatment, Handbook of Dynamic Psychotherapy for Higher Level Personality Pathology provides a clear, specific, and comprehensive description of how to practice DPHP from beginning to end, presented in jargon-free exposition using extensive clinical illustrations. The authors offer a comprehensive description of psychodynamic consultation that includes sharing the diagnostic impression, establishing treatment goals, discussing treatment options, obtaining informed consent, and establishing treatment frame. Throughout, the book emphasizes fundamental clinical principles that enable the clinician to think through clinical decisions moment-to-moment and also to develop an overall sense of the trajectory and goals of the treatment. Among the book's benefits: Takes a diagnosis-driven approach, presenting a clear model of both the psychopathology and its treatment; Explains underlying theory and basic elements of DPHP for those first learning dynamic therapy; Offers an integrated, innovative synthesis of contemporary psychodynamic approaches to personality pathology and psychodynamic psychotherapy; Describes goals, strategies, tactics, and techniques of the treatment to demonstrate its flexibility over a relatively long course of treatment; Provides sophisticated discussion of integrating dynamic psychotherapy with medication management and other forms of treatment. DPHP offers a broad range of patients the opportunity to modify maladaptive personality functioning in ways that can permanently enhance their quality of life. Handbook of
Dynamic Psychotherapy for Higher Level Personality Pathology provides experienced clinicians with a hands-on approach to that method, and is also useful as a primary textbook in courses focusing on the technique of dynamic psychotherapy or in courses on psychodynamics.

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